

## CURRICULUM VITAE

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### PROFESSIONAL LICENSE

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LICENSED CLINICAL SOCIAL WORKER    October 2000 to present

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### SPECIALITIES

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Attachment; Trauma; Adoption; Early Childhood Development; Interpersonal  
Neurobiology

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### EDUCATION

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1997-1998 Clinical Supervision at the former Under Fives Study Center, UVA (under  
auspices of Child and Family Psychiatry) (Two full years.)

1978 Masters of Social Work Degree from the Virginia Commonwealth University  
Concentration: Mental Health/Casework  
Awarded full scholarship from the Virginia Department of Social Services

1969 Bachelor of Arts Degree in Sociology from Bridgewater College,  
Bridgewater, Virginia

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### PROFESSIONAL TRAINING

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\*April 2016 Training Assistant with Myrna Martin for a Five Day Attachment Process  
Workshop

\*February 2016 Four Day Training on Sandtray Therapy with Children with Myrna  
Martin

December 2015 Four Day Congress: Association of Pre and Perinatal Psychology and  
Health

\*November 2015 Four day Training on therapy with Preschoolers Level II \*November 2015 Two day Adoption Training with Myrna Martin—Level II

\*April 2015 Five day Attachment Process Workshop with Myrna Martin

\*October 2014 Four day training on Couples Therapy with Myrna Martin—Level II

\*April 2014 Four day training on Double Binds with Myrna Martin—Level II

\*January 2014—Five day Attachment Process Workshop with Myrna Martin

2013 Five day Attachment Process Workshop with Myrna Martin

\*January 2013 – January 2014 Diploma Program on Pre and Perinatal Training (300 hour program) with Myrna Martin-Level I—CEUs approved for the Social Work Profession via Commonwealth Education Center—this training includes trauma resolution of all types

January 2013—Four day workshop on Somatic Experiencing: *Finding Resiliency in Early Trauma* (22 CEU credits)

\*October 2012 Five day Attachment Process Workshop with Myrna Martin

\*April 2012 One day attachment workshop presented by Myrna Martin, PHN MN RCC RCST

April 2012 One day attachment seminar sponsored by VCU

\*November 2011 Five day Attachment Process Intensive with Myrna Martin, PHN MN RCC RCST

September 2011 The Great Attachment Debate, Psychotherapy Networker

March 2011 Conversations on Attachment, Eastern Mennonite University

July 2005 to present—Intensive independent study of attachment, neuroscience, and trauma literature

July 2005 to 2007—Fifty hours of continuing education credits in attachment, neuroscience, and trauma from Old Dominion University

August 2005—Conference: North American Council on Adoptable Children

October 2004—ATTACH Conference

2002—Weekly Reading Seminar on Attachment Theory, Under Fives Study Center, Winter/Spring Semester

2001Conference: The New Dialogue between Attachment Theory and British Object Relations Theory

1997-1999—Weekly clinical supervision at the Under Fives Study Center, UVA—Kleinian Object Relations Theory

1997-1999; 2001—Weekly group seminars on Therapeutic Communication with Children at the Under Fives Study Center, UVA—Kleinian Object Relations Theory

1992—Audited course: Introduction to Psycho-analytical Thought, UVA School of Medicine

1990-1992 Weekly supervision in systems and structural family therapy—Outreach Counseling, Inc.

1984-1988—Family Therapy supervision and ongoing training using video equipment and observation—Albemarle County Department of Social Services  
1984—Weekly Structural Family Therapy Training by UVA Department of Psychology, through ACDSS  
1980-1984—Specialized Adoption Training sponsored by the North American Council on Adoptable Children and Tressler-Lutheran Service Associates, Inc.  
1979-1985—Extensive personal experience with Somatic Psychotherapy  
1976-1978—Field Placement with Community Mental Health

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## EXPERIENCE

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2016 Clinical Advisor to the Sexual Assault Resource Agency, Charlottesville, Va.  
2006- Present--Founder of Families United, a Center for Psychotherapy and Psychoeducation  
2006-Present—Have given numerous presentations on attachment, neuroscience, and trauma for professional conferences, and as a private practitioner, with CEUs approved by NASWVA and Old Dominion University (see details under Professional Activities)  
1995-2009-- Founder and Director of Families United Through Adoption, a Licensed Child Placing Agency; providing adoption home studies, education, support, and treatment, with an emphasis on attachment, and separation and loss issues  
1992-2004—Family Specialist for Albemarle County Public Schools’ Special Education Program  
1990-1992—Family Therapist and Adoption Program Developer for Outreach Counseling, Inc.  
1979-1990—Adoption Social Worker for Albemarle County Department of Social Services  
1978-1979—Social Work Supervisor for Albemarle County Department of Social Services  
1976-1978—graduate work at VCU—leave of absence Albemarle County Department of Social Services  
1972-1976—Social Work Supervisor for Albemarle County Department of Social Services  
1971-1972—Social Work Supervisor for Winchester Department of Social Services  
1969-1971—Social Worker for Rockingham County Department of Social Services  
1969—Social Worker for Western State Hospital

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## PROFESSIONAL RECOGNITION

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Received Meritorious Service Award from the Commissioner of Social Services for the Commonwealth of Virginia for work with Virginia's Children

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## PROFESSIONAL ACTIVITIES

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2016—Provided Organizational Consultation and Training to Sexual Assault Resource Agency

November 2015—Gave public talk on Children and Violence

October 2014—Gave presentation on Attachment, Emotional Regulation, and Developmental Trauma, Part II to Blue Ridge Chapter of VSCSW

February 2013—Gave presentation on Attachment, Emotional Regulation, and Developmental Trauma to Blue Ridge Chapter of VSCSW

May 2012—Gave evening presentation at Catholic Charities

February 2012—Gave morning presentation to COMMUNITY PARTNERS in Charlottesville

September 2011—Gave Day Workshop for One Church One Child of Virginia

February 2011 & 2012--Guest lecture for VCU Social Work Class Topic: Attachment, Neuroscience, and Emotional Regulation

April 2010-Gave Full Day presentation on Attachment, Neuroscience, and Emotional Regulation at state conference for the Virginia Society for Clinical Social Workers

February 2009—Gave Two hour presentation to Blue Ridge Chapter VSCSW on Adoption, Attachment, and Neuroscience

2007 – 2009 Clinical Consultant for Albemarle Therapy Center

2008-2011 Designed and Presented Workshops to Mental Health Professionals on Attachment, Neuroscience, and Emotional Regulation approved by NASWVA and Old Dominion University

2008-2010 Co-led workshops on attachment for Newborn Care Unit at UVA

2005 – 2008 Clinical Supervision for Therapeutic Foster Care

September 2006—Presented at Conference for Virginia Association for Licensed Child Placing Agencies on Emotional Regulation, Attachment, Neuroscience, and Trauma

November 2006—Presented at Conference for One Church One Child of Virginia on Emotional Regulation: Attachment, Neuroscience, and Trauma

2005 to 2008—Chair of the Training and Practice Values Committee for ADOPT (Adoption Development Outreach Planning Team)—an influential policy and legislative committee whose members are adoption social workers from private and

public agencies throughout the State-help to plan and facilitate trainings on attachment and neuroscience

1983-1985—President of ADOPT—Assisted in the writing of the Parental Placement Statue, and the Bonding and Attachment section of a practice manual

1982—Secretary of ADOPT

1980—Co-organizer of Central Virginia Adoptive Parents Group

Provided expert court testimony on two occasions on attachment (1982 and 2000)

Member of ADOPT

Member of VSCSW

Former member of NASW

Various community presentations on attachment and neurobiology

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## CURRENT INTERESTS

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The practice of psychotherapy

Helping the public better understand trauma, both developmental and shock trauma

Advocating for the understanding that underneath most mental health disorders there are difficulties with attachment and emotional regulation which must be addressed if we are to provide comprehensive treatment to the whole individual

Teaching Attachment Parenting

Teaching Pre and Perinatal Psychology

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## PERSONAL

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Married

An adult daughter by birth

A step-daughter, step-son-in-law, and two step-grandchildren

\*Note: All training by Myrna Martin PHN MN RCC RCST includes training regarding human development throughout the lifespan beginning at the prenatal period, and trauma resolution using body based techniques, including somatic experiencing developed by Dr. Peter Levine, national trauma expert.